



# Update on Epidemiology and Circulating Genotypes of Rotavirus in Iranian Children With Severe Diarrhea: 1986-2015



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## Abstract

Rotaviruses are the most common cause of severe diarrhea in children under 5 years of age worldwide with a higher prevalence in developing countries. In accordance with the World Health Organization (WHO) recommendations for the global use of rotavirus vaccines, it is important to review trends of rotavirus epidemiology, distribution and diversity of rotavirus strains in the pre-vaccine period. In Iran, the average rotavirus positivity rate is 40.04% in all patients under 5 years of age hospitalized for acute gastroenteritis (AGE). Studies have shown a substantial increase in the rotavirus detection rate over time from 1986 to 2013. Moreover, there has been continued predominance of G (G1) and P (P[8]) genotypes, although the peak prevalence of G1 appeared to decline in 2007-2011 compared to 2001-2006. The data presented in this review, which suggests a change in the pattern of rotavirus genotypes in the Iranian population, further highlights the important role of continuous monitoring of rotavirus genotypes before starting any national rotavirus vaccination program.

**Keywords:** Rotavirus Group A, Epidemiology, Genotype, Iran

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## Introduction

Acute gastroenteritis (AGE), an important symptom of most enteric infections, is most frequent in children under 5 years of age. Several viruses are thought to cause AGE. These include rotaviruses, noroviruses, sapoviruses, enteric adenoviruses serotypes 40 and 41, astroviruses, human parechoviruses, aichiviruses and, picobirnaviruses, as well as the less frequent toroviruses and coronaviruses.<sup>1-3</sup> Rotaviruses, non-enveloped viruses of the Reoviridae family, are the leading cause of AGE in children under 5 years of age worldwide<sup>4,5</sup> and are responsible for the deaths of approximately half a million children annually.<sup>6</sup> In the pre-rotavirus vaccine era, more than 85% of all deaths were estimated to occur in the low-income countries of Africa and Asia.<sup>7</sup>

Rotavirus vaccines have been identified as the best strategy to decreasing the burden of rotavirus-related AGE. Since 2006, 2 live attenuated rotavirus vaccines, RotaTeq (Merck, USA) and Rotarix (GSK Biologicals, Belgium) have been licensed<sup>8,9</sup> and recommended to the global health community by the World Health Organization (WHO) Strategic Advisory

Group of Experts, particularly in countries with high diarrhea-related mortality in children under 5 years of age.<sup>10</sup>

The serological cross-reactivity of the middle protein VP6 allows differentiation of 8 rotavirus groups or species (rotavirus group A to H),<sup>11,12</sup> with group A being the major causative agent of AGE in children under 5 years of age worldwide. Based on the glycoprotein VP7 (G) and the protease-cleaved protein VP4 (P) types, rotaviruses have been classified into at least 27 G and 35 P genotypes.<sup>13</sup> Moreover, a genotype classification system using the sequence of all 11 genomic RNA segments has been suggested for differentiating genotypes.<sup>13,14</sup> Strain combinations G1P[8], G2P[4], G3P[8], G4P[8] and G9P[8] have been shown to contribute to over 90% of rotavirus infections worldwide. Of these, the G1P[8] genotype is predominant in most regions.<sup>15,16</sup>

In 2012 and 2016, WHO provided reports on global estimation of childhood deaths due to rotavirus infection during 2008 and 2013, respectively. In Iran, about 2000 deaths in 2008 and 270 deaths in 2013 were estimated to be caused by the rotavirus.<sup>17,18</sup> Accordingly, detection rates of over 40%

implies the importance and necessity of rotavirus vaccination programs to decrease the corresponding morbidity and mortality rates in Iran. Although rotavirus vaccine programs have not been launched in Iran to date, introduction of rotavirus vaccines into vaccination programs are considered to be a high priority by the Iranian Health Ministry. Moreover, several studies support the incorporation of a rotavirus vaccine into the Expanded Program on Immunization in Iranian children as highly cost-effective.<sup>19-21</sup>

Prior to implementing a rotavirus vaccine, it is important to provide precise information about rotavirus prevalence, genotype distribution and changing trends in circulating rotavirus genotypes. In this context, the present review was conducted to update the epidemiological data on the rotavirus and estimate the patterns and distribution of rotavirus genotypes among Iranian children under 5 years of age using studies and data published between 1986 and 2015. This report will be useful for recommending appropriate policies for rotavirus vaccination before beginning a national rotavirus vaccination program in Iran.

The review of works published from 1986 to 2015 was conducted to assess the epidemiology and rotavirus genotypes distribution in Iran. The data was obtained by searching Medline, PubMed and references from relevant articles using the terms “rotavirus” and “Iran” in combination with “strain”, “genotype”, “prevalence” and “children <5 years”. The selected works were restricted to studies relevant to rotavirus prevalence and genotypes. Articles related to methodology, case reports, basic information and vaccines as well as duplicate data were excluded. The data obtained reports either on the prevalence of rotavirus infection in children under 5 years of age from 1986 to 2015 or on the distribution of rotavirus genotypes G and P from 2001 to 2011 or both. Data extraction was performed using Microsoft Office Excel database and includes the following data: first author; journal name; year of publication; sampling period; sample size; number and percentage of positive rotavirus cases; number and percentage of rotavirus genotypes G1, G2, G3, G4, G8, G9, G12, P[4], P[8], P[9], P[10] and untyped G or P. Studies presenting strain combinations G[P] were separately categorized by G or P genotypes. Excel and GraphPad Prism (version 5) were used for statistical analysis.

### Prevalence of Rotavirus in Iran

In accordance with WHO recommendations for the global use of rotavirus vaccines, it is important to review trends of rotavirus epidemiology and distribution and the diversity of rotavirus strains in the pre-vaccine period. WHO estimates that the number of rotavirus deaths in children under 5 years of age in Iran declined from 2000 deaths in 2008 to 270 deaths in 2013. Despite the estimated decline, the study estimated that rotavirus in Iranian children under 5 years of age caused 40.04% (95% CI; 33.89%–46.18%; N=4227) of all hospitalizations for severe gastroenteritis. This is similar to estimates of rotavirus infection prevalence published in epidemiologic studies for the Eastern Mediterranean region. In this region, the estimated proportion of rotavirus-related AGE was 25% (N = 228) in 1986-1990, 18% (N = 158) in 1990-

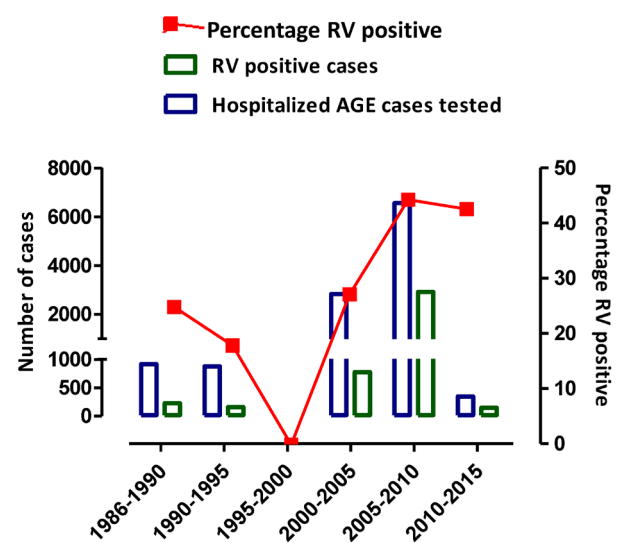
1995, no data in 1995-2000, 27.33% (N=775) in 2000-2005, 44.47% (2918) in 2005-2010 and 42.77% (N= 148) in 2010-2015 (Figure 1).

These results indicate an increase in the rotavirus detection rate over time from 1986 to 2013. This may reflect real regional and temporal differences and study populations from different time periods, but may also be largely related to general improvements in the methods of rotavirus detection. Moreover, the prevalence of rotavirus infection for hospitalized gastroenteritis was higher than the prevalence in outpatient departments.<sup>22</sup> This suggests that the notion that the rotavirus rate is currently increasing should be challenged and needs further investigation.

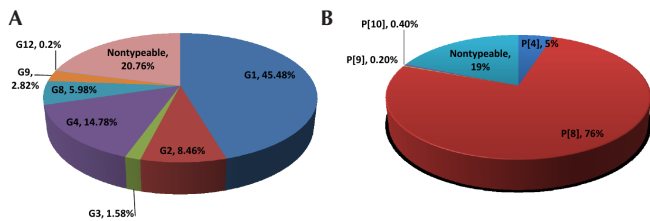
### Distribution of Rotavirus Genotypes in Iran

During the 1990s and 2000s, novel strains (G9P[8], G9P[6], G12P[8] and G12P[6]) as well as major strains (G1P[8], G2P[4], G3P[8] and G4P[8] first detected during the 1980s)<sup>23,24</sup> have emerged to become medically important strains worldwide. Moreover, the G5P[8] and G8P[6] strains are considered to be important local strains.<sup>24</sup> In Iran, data on the G genotype from 886 positive rotavirus cases from 2001 to 2011 show that the most prevalent G genotype was G1 at 45.48% (N=403), followed by G4 at 14.78% (N=131), G2 at 8.46% (N=75), G8 at 5.98% (N=53), G9 at 2.82% (N=25), G3 at 1.58% (N=14), G12 at 0.2% (N=1) and nontypeable G at 20.76% (N=184) (Figure 2A).

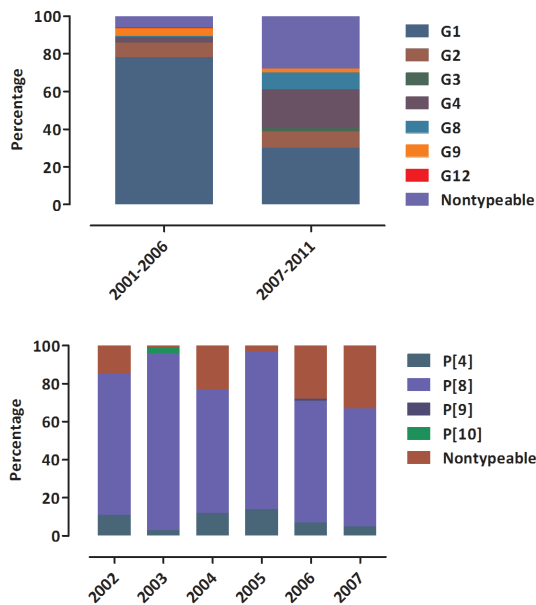
G genotype analysis based on the study periods of 2001-2006 and 2007-2011 was also performed to determine the trends of rotavirus G genotype distribution in Iran (Figure 3A). These results indicate continued predominance of the G1 genotypes with emergence of G8, G9 (2001-2006 to 2007-2011), G12 (2001-2006) and novel genotypes. However, the relative frequency of the G1 genotype appeared to decrease during 2 time periods (2001-2006 and 2007-2011). Moreover, data analysis also showed an increase in the prevalence of the



**Figure 1.** Number of Hospitalized AGE Cases (Blue Bars) and Hospitalized AGE Cases Testing Rotavirus-Positive (Green Bars) From 1986 to 2015. The red line indicates the percentage of rotavirus-positive cases.



**Figure 2.** Distribution of Rotavirus Genotypes in Iran: (A) G Genotypes From 2001 to 2011; (B) P Genotypes From 2001 to 2008.



**Figure 3.** Prevalence of Rotavirus in Iran: (A) G Genotypes in 2001-2006 and 2007-2011; (B) P Genotypes in 2001-2002, 2003-2004, 2004-2005, 2005-2006, 2006-2007 and 2007-2008.

G4 and G8 genotypes in 2001-2006 and 2007-2011 in Iran. Although G1 has been prevalent in past years, genotype G4 and novel genotypes may be able to (re)emerge as dominant genotypes in the future.

Data on the P genotype of 445 positive rotavirus cases from 2002 to 2007 indicate that the most prevalent P genotype was P[8] at 76% (N=336), followed by P[4] at 5% (N=22), P[10] at 0.4% (N=2), at P[9], 0.1% (N=1) and nontypeable P at 19% (N=84) (Figure 2B). P genotype analysis for the study period of 2002 to 2007 showed patterns similar to all study periods. Among the P genotypes, although P[8] was frequently detected and showed patterns similar to all study periods, the P[4] genotype was most common and the P[9] (N=1) and P[10] (N=2) genotypes were rarely found in Iran (Figure 3B).

The rotavirus genotyping data presented in this study could help to identify the prevalent genotypes in past years. In Iran, G1P[8], G2P[4] and G4P[8] accounted for over 60% of all detected rotavirus strains, with G1P[8] alone representing 50% of all rotavirus infections.<sup>22</sup> Emerging and uncommon genotypes (G9P[8], G3P[8], G1P[4], G3P[9], G12P[8], G1P[10] and G8P[NT]), were also found, suggesting a

diversity of rotavirus genotypes in Iranian children. Several studies have reported uncommon combinations, G2P[8], G1P[4] and G4P[4], originating through reassortment between common genotypes.

Animals may have been reservoirs for the generation of reassortant rotaviruses among animal species. In agreement with prior studies, the G8 and P[9] genotypes of rotavirus have been found in animals in Iran, perhaps from the introduction of animal rotavirus strains into the human population, followed by reassortment.<sup>22</sup> The results of our study indicate that the rate of nontyped strains has increased over time, which appears to be attributable to nucleotide mismatches in the primer binding or to newly emerging rotavirus genotypes.<sup>16</sup>

## Conclusion

The two licensed rotavirus vaccines (Rotarix and RotaTeq) have not been introduced into vaccination programs in Iran to date. Before rotavirus vaccination, it is very important to obtain rotavirus molecular epidemiologic data and to monitor trends in the circulating rotavirus genotypes in Iran. Accordingly, the data presented in this review, which may indicate changes in the pattern of rotavirus genotypes in the Iranian population, further highlight the important role of continuous monitoring of rotavirus genotypes before starting any national rotavirus vaccination program. Future studies that include larger sample sizes from different regions of Iran are urgently needed.

## Authors' Contributions

All authors significantly contributed towards this study.

## Conflict of Interest Disclosures

The authors declare no conflicting financial or other interests.

## Ethical Approval

Not applicable.

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